



Heritage ALUMNI **ALUMNI** **NEWSLETTER** **SPRING 2022**



THE HARDEST HABIT

Alumnus and author Darryl Dash offers perspective on the importance of rest.
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WHERE ARE THEY NOW?

Josh and Ashley McGuire share how Heritage prepared them for life and ministry.
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Congratulations to the Class of 2022!

On behalf of the Alumni Committee and as the Alumni Chair and representative to the Board of Directors, it is my pleasure to give a warm welcome to the Heritage College & Seminary graduates of 2022 to the Heritage College & Seminary Alumni Association!

It was a pleasure for the Alumni Association to be a part of graduation day. The weather was beautiful, and it was nice to meet many of our graduates in person. The college ceremony was in the morning and the seminary ceremony was in the afternoon.

After each ceremony, the Alumni Committee hosted a stand-up reception where families, friends, graduates, and faculty were able to share in fellowship together. I praise God for a meaningful and wonderful day!

Please continue to be in prayer for our newest alumni as they go out to serve the Lord in churches, non-profit organizations, and the marketplace.

Warmly,
Julia Rogler, *Alumni Chair*





The Hardest Habit

Central alumnus, Darryl Dash (B.Th, '91), shares the importance of being diligent to enter God's rest even when it is difficult to establish a healthy weekly rhythm of Sabbath rest.

Since I wrote *8 Habits for Growth: A Simple Guide to Becoming More Like Christ*, people ask me which habit I struggle with the most. The book covers habits like engaging the Bible, speaking to God in prayer, worshiping and belonging as part of the church, and more. But the habit I struggle with the most is rest.

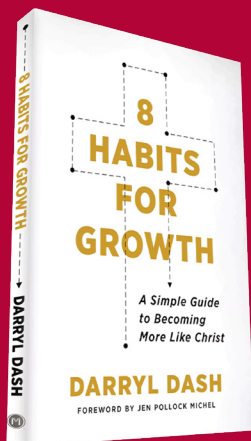
On one hand, I've learned to take a weekly Sabbath. Every day, for a day, I set aside everything that looks like an obligation and enjoy God, friends and family, and life. It's one of the practices that has helped me sane throughout thirty years of ministry. But I'm not good at rest the other six days. I tend to overwork, packing more into my schedule than I should, and ending each day with exhaustion. What's the problem with that?

I've found that people who work too hard don't tend to grow much spiritually. My wife frequently looks at some plants we have in our condo and talks about needing to replant them. The roots are too crowded,

she says. They can't continue to grow. Our lives are like that too. Everyone's busy sometimes, but when we neglect rest consistently, we don't give our souls enough space to grow.

Perhaps that's why Scripture speaks so much about the importance of rest. I picture Adam and Eve waking up the day after they were created and wondering what God had scheduled for them. That first day, they rested. They enjoyed God's rest before they worked. It's as if God told them, right from the beginning, that they would work out of rest. The first day is a picture of the gospel: we're first recipients of God's grace before we do anything for him.

Rest is a confession of our creatureliness. It's a recognition of our limits, as well as God's sufficiency. Plus we need it to grow. I'm learning to rest, but I have to be honest. It's the hardest habit.



DARRYL DASH is the author of *8 Habits of Growth*. He serves as pastor of Liberty Grace Church in Toronto. He is also cofounder of Gospel for Life. He has a Doctor of Ministry degree from Gordon-Conwell Theological Seminary and has over 30 years of ministry experience. Darryl is married to Charlene and has two adult children and one grandchild. You can find Darryl online at DashHouse.com.

Heritage Faculty Highlight

Here is a brief look of what is happening in the lives of our gifted faculty.



Dr. Ian J. Vaillancourt

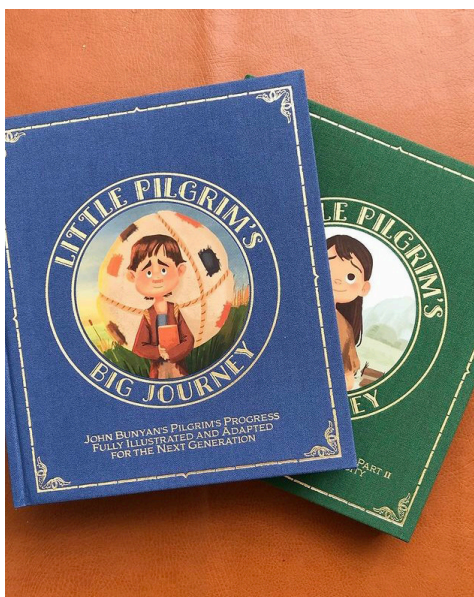
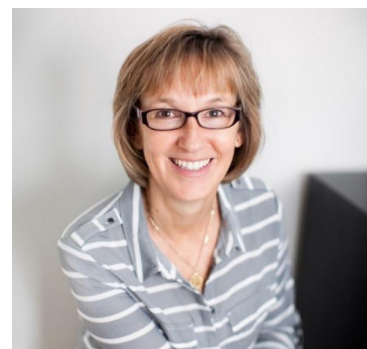
Associate Professor of Old Testament and Hebrew

God has given Dr. Vaillancourt a passion to exalt Christ from the Old Testament, whether in the classroom, the pulpit, or in print. His newest book, *The Dawning of Redemption: The Story of the Pentateuch and the Hope of the Gospel*, is set to be released in November 2022. Published by Crossway, this accessible book gives Christians a helpful introduction to the Pentateuch as the essential first act in the Bible's grand story of redemption.

Betty-Anne Van Rees

College Adjunct Faculty and Biblical Counsellor

With a biblical counselling educational background, Betty-Anne has recently joined the Heritage College faculty teaching in the area of family studies and biblical counselling. She also offers biblical counselling to students through the Student Services Department. For Betty-Anne, it has been a joy and a privilege to see the earnestness of the future church leaders God is raising up at Heritage. She shares, "I love that I have been positioned to influence their confidence in God's truths for the care and nurture of the souls of God's people."



New Partnership with Lithos Kids

We are excited to partner with Lithos Kids - a publishing company that seeks to create biblically faithful and beautifully crafted books for kids.

Rediscover John Bunyan's timeless Christian tale, *The Pilgrim's Progress* Part I and Part II, now beautifully illustrated and adapted for children ages 2-10 in heirloom quality books. Lithos Kids is also excited to be launching a pre-order for their newest project, "The Kingdom of God: Bible Storybook" this summer!

Use code "HCSALUMNI" to receive 20% off their website at lithokids.com.

We are thankful for this partnership and hope you feel blessed by this ministry!

We are excited to expand our alumni benefits package by providing alumni with access to solid Christian resources.

Reformed Book Services: Use code **HERALUMNI5** to receive 5% off their website.

9Marks: Use code **HCS35** to receive 35% off regular-priced items in their online store.

Hesed & Emet Publishing: Use code **HCSALUM** to receive 10% off your purchase in their online store. hesedandemet.com.

Where Are They Now?

Meet Heritage alumni, Josh and Ashley McGuire!

Josh graduated from Heritage in 2014 with a Bachelor of Religious Education Professional - Child and Family - Intercultural Studies while Ashley graduated with a Bachelor of Religious Education in 2015. During their time as students at Heritage, Josh and Ashley have fond memories of the annual Missions Conference and are thankful for the friendship that began at Heritage and continue to be an important part of their lives.

Josh and Ashley were married in 2014 and began working full-time with the Child Evangelism Fellowship of Ontario (CEF) in 2015. Their focus is on helping churches to evangelize and disciple children in the Gospel and equipping them with resources and training to strengthen their ministry. As they write curriculum for various projects, Josh and Ashley have sought to be biblically faithful while communicating big theological concepts to children in simple language that they can understand. Over and over again, Josh and Ashley find themselves thankful for their education at Heritage which gave them a strong foundation for studying God's Word. They often reference notes from their classes as they put together Bible lessons and try to present children with a full view of redemptive history.

Josh and Ashley currently reside in Cambridge, ON, with their two young girls. Ashley also enjoys working part-time as a photographer and took professional photos of this year's Heritage graduation ceremonies. They love serving in the children's ministry at their local church, with Safe Families in KW, and with Heritage's ESL program.

Please join us in continuing to encourage and pray for the McGuire family as they serve the Lord!



Follow Heritage Alumni on Social Media

"Like" the Heritage Alumni Community Facebook page and Heritage Instagram page—@heritagecsalumni—for upcoming events, giveaways and discounts, helpful information, and reminiscing of memories from the past.

If you'd like to get involved with the "Where Are They Now" social media series, contact Ariel Mudde at amudde@heritagecs.edu.



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